

Samoa College Breakfast Menu

Served Daily

	September 3rd	September 7th	September 11th
Beverages			
Coffee, Tea, Milk, Water	Scrambled Eggs & Vegetable Quiche	Scrambled Eggs & Boiled Eggs	Scrambled Eggs & Frittata
Koko Samoa, Lemon Drink	Stewed Tomatoes, Onions & veggies	Stewed Tomatoes, Onions & Veggies	Stewed Tomatoes, Onions & Veggies
Cereal	Baked Beans/Spaghetti	Baked Beans/ Spaghetti	Baked Beans/ Spaghetti
Assorted dry cereals	Bacon, sliced turkey, sausage & taro hash browns	Bacon, Sliced ham, sausage & taro hash browns	Bacon, Sliced Turkey, Ham, Taro hash browns
Instant porridge	Pikelets	Pikelets	Pancakes
Fruit	September 4th	September 8th	September 12th
Selection of fresh local fruits: pawpaw, mango, pineapple, orange, fresh coconut	Scrambled Eggs & Vegetable Quiche	Scrambled Eggs & Vegetable Quiche	Scrambled Eggs & Vegetarian Omelette
	Stewed Tomatoes, Onions & veggies	Stewed Tomatoes, Onions & Veggies	Stewed Tomatoes, Onions & Veggies
	Baked Beans/Spaghetti	Baked Beans/ Spaghetti	Baked Beans/ Spaghetti
Bread	Bacon, sliced ham, sausage & taro hash browns	Bacon, Sliced Turkey, Sausages & Taro Hash Browns	Bacon, Sliced Turkey, Sausages & Taro Hash Browns
White/Wholemeal bread	Pancakes	Pancakes	Pikelets
Spreads / Condiments	September 5th	September 9th	September 13th
butter, margarine, honey, assorted jams, marmite	Scrambled Eggs & Vegetable Frittata	Scrambled Eggs & Vegetable Omelette	Scrambled Eggs & Vegetable Quiche
	Stewed Tomatoes, Onions & veggies	Stewed Tomatoes, Onions & Veggies	Stewed Tomatoes, Onions & Veggies
	Baked Beans/Spaghetti	Baked Beans/ Spaghetti	Baked Beans/ Spaghetti
	Bacon, sliced turkey, sliced ham & taro hash browns	Bacon, sliced turkey, sliced ham & taro hash browns	Bacon, Sliced Turkey, Ham & Taro Has Browns
	Pikelets	Pikelets	Pikelets
	September 6th	September 10th	
	Scrambled Eggs & Vegetable Quiche	Scrambled Eggs & Vegetable Quiche	
	Stewed Tomatoes, Onions & veggies	Stewed Tomatoes, Onions & Veggies	
	Baked Beans/Spaghetti	Baked Beans/ Spaghetti	
	Bacon, sliced turkey, sausage & taro hash browns	Bacon, Sliced Turkey, Sausages & Taro Hash Browns	
	Pancakes	Pikelets	